Updated 3rd October 2023 (NEW ZEALAND)

Bastings, Sauces, Relishes	Sulphites	Gluten	Shelfish	Egg	Fish	Milk	Peanuts	Sesame	Soy	Lupin	Tree Nuts
BBQ									T		
Lemon & Herb/Mild/Hot/Extra Hot/Prego											
Snacks	**Sulphites**	**Gluten**	**Shelfish**	**Egg**	**Fish**	**Milk**	**Peanuts**	**Sesame**	**Soy**	**Lupin**	**Tree Nuts**
PERi-PERi Grilled Tender									**		
Halloumi Sticks & Dip		T		T		Y					
4 BBQ Ribs									T		
Hummus with PERi PERi Drizzle and Pita		Y		T	T	T		Y			T
Cheesy Garlic Mini Pita		Y		T		Y			Y		
Perfect Pair		Y		T		Y			Y		
Salads & Bowls *	**Sulphites**	**Gluten**	**Shelfish**	**Egg**	**Fish**	**Milk**	**Peanuts**	**Sesame**	**Soy**	**Lupin**	**Tree Nuts**
Avo Parmesan Crunch Salad	Y	T			T	Y		Y	T		T
Avo Parmesan Crunch Salad with Chicken Tenders	Y	T			T	Y		Y	T		T
PERi-Harvest Bowl	Y	Y			T	Y		T	T	T	T
PERi-Harvest Bowl with Chicken Tenders	Y	Y			T	Y		T	T	T	T
Mediterrean Salad	Y		T		T	Y		T	T		T
Mediterrean Salad with Chicken Tenders	Y	T	T		T	Y		T	T		T
Paella & Paella Grande		T				T			Y		
Trio Bell Pepper Dressing				Y		Y		Y			
Balsamic Vinaigrette Dressing											
Lemon Dijon Vinaigrette Dressing	Y										
Lemon Tahini Dressing	Y							Y			
Green Goddess Dressing						Y					
Chicken	**Sulphites**	**Gluten**	**Shelfish**	**Egg**	**Fish**	**Milk**	**Peanuts**	**Sesame**	**Soy**	**Lupin**	**Tree Nuts**
Bone In Chicken									**		
Breasts/Tenders - In burgers, wraps, pitas, salads & bowls		T		T		T			**		
4 PERi-PERi Tenders									**		
8 BBQ Ribs									T		
4 BBQ Thigh Fillets									T		
Mixed Platter									T		
Chips / Sides	**Sulphites**	**Gluten**	**Shelfish**	**Egg**	**Fish**	**Milk**	**Peanuts**	**Sesame**	**Soy**	**Lupin**	**Tree Nuts**
Chips	***	***									
PERi PERi chips	***	***									
Sweet Potato Chips		T									
Spicy Rice									Y		
Coleslaw				Y							
Corn on the cob									**		
Grain Salad	Y	Y				Y				T	
Roasted Broccoli						Y		Y			
Garlic Bread	T	Y		T		Y		T	Y		
Garden Salad	Y										
PERinaise Dip				Y							
Garlic Aioli Dip				Y							
Burgers, Wraps & Pitas *	**Sulphites**	**Gluten**	**Shelfish**	**Egg**	**Fish**	**Milk**	**Peanuts**	**Sesame**	**Soy**	**Lupin**	**Tree Nuts**
Classic Wrap		Y		Y		T			T		
Classic Pita		Y		Y		T			**		
Classic Burger on Crusty White Roll	T	Y		Y		T		T	Y		
Classic Burger on Soft White Bun		Y		Y		T		T	Y	T	
Double Cheese and Bacon Wrap	T	Y		Y		Y			T		
Double Cheese and Bacon Pita	T	Y		Y		Y			T		
Double Cheese and Bacon Burger on Crusty White Roll	T	Y		Y		Y		T	Y		
Double Cheese and Bacon Burger on Soft White Bun	T	Y		Y		Y		T	Y	T	
Avocado Goodness Wrap		Y		T		T		T	T		T
Avocado Goodness Pita		Y		T		T		T	T		T
Avocado Goodness on Crusty White Roll	T	Y		T		T		T	Y		T
Avocado Goodness on Soft White Bun		Y		T		T		T	Y	T	T
Supremo Wrap		Y		Y		Y			T		
Supremo Pita		Y		Y		Y			**		
Supremo Burger on Crusty White Roll	T	Y		Y		Y		T	Y		
Supremo Burger on Soft White Bun		Y		Y		Y		T	Y	T	
The Halloumi Wrap	Y	Y		Y		Y			T		
The Halloumi Pita	Y	Y		Y		Y			**		
The Halloumi Burger Soft White Bun	Y	Y		Y		Y		T	Y	T	
The Halloumi Burger on Crusty White Roll	Y	Y		Y		Y		T	Y		
Nandoca Choice on Crusty White Roll	T	Y		Y		Y		T	Y		
Burger/Wrap/Pita - Mayo's & Relish's	**Sulphites**	**Gluten**	**Shelfish**	**Egg**	**Fish**	**Milk**	**Peanuts**	**Sesame**	**Soy**	**Lupin**	**Tree Nuts**
Burger Mayo				Y							
Mild PERInaise				Y							
Vegan PERInaise											
Smoky Capsicum Relish											
Caramalized Onion Relish	Y										
Extras	**Sulphites**	**Gluten**	**Shelfish**	**Egg**	**Fish**	**Milk**	**Peanuts**	**Sesame**	**Soy**	**Lupin**	**Tree Nuts**

Superfood Veggie Patty		T		T		T		T	T		T
Cheese Slice						Y					
Whipped Feta		T			T	Y		T	T		T
Avocado											
Halloumi		T		T		Y					
Hummus				T	T			Y			T
Pickled Onion		T			T	T		T	T		T
Bacon	T	T		T		T			T		
Pineapple		T		T		T					
PERi Seeds								T			
PERi Crackle								Y			
Parmesan Crisp						Y		Y			
Crispy Chickpeas		T			T	T		T	T		T
Pita		Y				T					
White Wrap		Y							T		
Soft White Bun		Y		T		T		T	Y	T	
Crusty White Roll	T	Y				T		T	Y		
Dessert	**Sulphites**	**Gluten**	**Shelfish**	**Egg**	**Fish**	**Milk**	**Peanuts**	**Sesame**	**Soy**	**Lupin**	**Tree Nuts**
Naughty Nata		Y		Y		Y		T			T
Chocolate Mousse						Y	T				T

** For any of these menu items ordered with **Superfood Veggie Patty** instead of chicken, please refer to the allergens for these patties as found in the Extras list.*

*** BBQ Basting option may contain traces*

**** Manufactured in facilities that may contain traces of Sulphites / Gluten*